



ACTIVITATS FÍSiques A BARRIS I POBLES CURS 2016 - 2017

| | DILLUNS | DIMARTS | DIMECRES | DIJOUS | DIVENDRES |
|-------|-------------------------|--------------------------|------------------------|-------------------------|------------------|
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 07,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 08,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 09,00 | | | | | |
| 15 | | | | | |
| 30 | GENT GRAN | | GENT GRAN | | GENT GRAN |
| 45 | Bitem | | Bitem | | Bitem |
| 10,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 11,00 | | GENT GRAN | | GENT GRAN | |
| 15 | | Els Reguers | | Els Reguers | |
| 30 | | | | | |
| 45 | | | | | |
| 12,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 13,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 14,00 | | | | | |
| 15 | ADULTS / PILATES | ADULTS / ZUMBA | | ADULTS / PILATES | |
| 30 | URV | P. REMOLINS / URV | | URV | |
| 45 | | | | | |
| 15,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 16,00 | | | | | |
| 15 | GENT GRAN | GENT GRAN | GENT GRAN | GENT GRAN | |
| 30 | Casal Ferreries | Santa Clara | Casal Ferreries | Santa Clara | |
| 45 | | | | | |
| 17,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 18,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 19,00 | | | | | |
| 15 | | | | | |
| 30 | ADULTS | ADULTS | ADULTS | ADULTS | |
| 45 | Bitem | Vinallop | Bitem | Vinallop | |
| 20,00 | | | | | |
| 15 | | | | | |
| 30 | | | | | |
| 45 | | | | | |
| 21,00 | ADULTS | | ADULTS | | |
| 15 | St. Llatzer | | St. Llatzer | | |
| 30 | | | | | |
| 45 | | | | | |